

2018 Prickly Pedal

Course Marshall Guidelines

1. Course Marshall General Responsibilities:

- a. Report to your assigned location at or before your assigned time to direct racers.
- b. Ensure that you have a fully charged cell phone.
- c. Park your vehicle so that it does not impede neighborhood traffic which is not associated with the race or obstructing the trail or road being used by racers.
- d. Wear clothing that clearly identifies you as associated with the race (Race T-shirts) and can easily be seen by racers and unassociated drivers.
- e. Volunteers for the Prickly Pedal race will be given "Volunteer" t-shirts when you check-in and sign your waivers on Friday between 4-7 pm or Saturday morning 7-8:30 at Flat Tire Bike Shop in Cave Creek. Those shirts should be worn during the race as identification.

2. Course Marshall On-site Responsibilities:

- a. Direct each competitor where the correct route is to ensure they stay on the race course. Do not assume they know to turn or continue straight ahead. Engage them with verbal directions confirming where they should to go.
- b. Interact with every racer, offer directions and encouragement.
- c. Indicate to approaching vehicles that a race is underway and that cyclists will be coming through that intersection any moment. Ask them to yield to the cyclists. **YOU HAVE NO AUTHORITY TO STOP VEHICULAR TRAFFIC.**
- d. If you are at an intersection where a marshal or deputy are assigned listen and follow their instructions.
- e. Radios are not available for this event. Therefore, all communication will be done using your cell phone. The number for the CM coordinator is provided at the end of this document.
- f. If a racer falls or is struck by a vehicle and seriously injured, immediately call 911 and provide as much information as possible to the operator. After completing that phone call, call the CM Coordinator.

3. If an Accident Occurs at or near Your Location:

- a. When at your location, while waiting for the first racer to arrive, review how you would tell emergency services to get to your location. This information is very important and often hard to recall in stressful emergency situations. Write down those directions so they're available to you in case you must provide them to a 911 operator.

- b. Ask if you can help the downed rider. If they can get up and on their way by themselves, your responsibility is to look back up course and alert approaching riders to slow down and to tell them a rider is down.
- c. If the downed rider is hurt and is having trouble getting up, move their bike out of the way. Maintain a clear route through the area for approaching racers.
- d. If the downed racer cannot get up, or is unresponsive, call 911. Then call the CM coordinator. **DO NOT MOVE AN UNCONSCIOUS RACER** - call 911.
- e. Always allow the racer to move themselves as much as possible. We do not want to move or lift an injured or broken limb.
- f. If your time is consumed with the downed racer, ask another Marshall or any adult in the area to move in the direction of approaching racers and alert them that a rider is down.
- g. This event does not have medical personnel who can respond to most locations out on the race course.
- h. This year there will be a 2:00 pm cutoff for racers who have not passed through the Beardsley Trailhead by that time. Racers arriving at that location after 2:00 pm will be pulled from the race and offered a ride to the finish line.
- i. And finally, stay at your location until one of our two sweep riders comes past your location and confirms that there are no more racers needing your assistance.

4. Suggestions on What to Bring on Race Day:

- a. Before race day clarify exactly where your assignment is and how you will get to that location.
- b. Charge your cell phone the night before the race.
- c. Bring a hat, sun block, it is anticipated that Saturday will be very cool. So bring several layers of clothing for all possible weather conditions.
- d. Bring a chair to rest on before and between racers.
- e. Bring food and water or other beverages to drink during the day.
- f. Bring a pen or pencil and a pad to write down information concerning an injured rider that you will give the 911 operator and race officials.
- g. Include in your gear a copy of the race map.

The Course Marshall Coordinator for the 2018 Prickly Pedal mountain bike race is: **Rand Hubbell - Cell Phone (602) 291-2945**

THANK YOU FOR VOLUNTEERING